Critical Thinking & Sound Decision-Making

Critical thinking is an essential capability for effective decision-making in today's complex and fast-paced environments. This workshop helps participants develop a disciplined, questioning approach to evaluating information, forming judgments, and making well-reasoned decisions—both professionally and personally.

Participants learn how to analyze situations more objectively, challenge assumptions, and consider multiple perspectives before drawing conclusions. By strengthening logic, reasoning, and open-minded thinking, this workshop equips individuals to approach problems with clarity and confidence. The result is improved judgment, stronger problem-solving, and more intentional decision-making across a wide range of workplace challenges.

Workshop Objectives:

- Define critical thinking and explain its role in effective judgment and decision-making.
- Apply a structured, questioning approach to evaluate information and assumptions.
- Analyze problems logically and objectively to identify sound conclusions.
- Recognize cognitive biases and emotional influences that can distort decision-making.
- Consider alternative perspectives and solutions to strengthen judgment and outcomes.
- Apply critical thinking skills to real-world workplace challenges and decisions.
- Demonstrate greater confidence and discipline in making informed, rational choices.

Course Outline:

Module One: Getting Started
Module Two: Understanding Critical Thinking
Module Three: The Critical Thinking Process
Module Four: The Benefits
Module Five: Characteristics of Critical Thinking
Module Six: Improving Your Skills (I)

Module Seven: Improving Your Skills (II)
Module Eight: Evaluating the Information
Module Nine: The Barriers
Module Ten: Changing Your Perspective
Module Eleven: Putting It All Together
Module Twelve: Wrapping Up

Participants are strongly encouraged to complete the Maxwell DISC Personality Profile Assessment prior to attending this workshop.